

## About the author



**Prof James Ker, MB ChB, MD**

Prof James Ker's role in training specialists and general practitioners throughout the country over the past 30 years reflects his passion to teach evidence-based medicine, in both continuing medical education meetings and at the bedside.

Prof Ker is currently deputy dean of the Faculty of Health Sciences and chairperson of the Cardiology Teaching Block at undergraduate level at the University of Pretoria. He comments, 'I can do administration, but without teaching, I feel lost'.

His clinical experience is drawn from both private and public specialist practice, including part-time appointments to the mining sector and insurance industry.

Recognition of his teaching role is reflected in his contribution as international editor to *Davidson's Principles and Practice of Medicine* and numerous publications in the field of pulmonology, cardiology and evidence-based medicine.

## Consulting authors



**Prof Andries Brink**, founding president of the South African Medical Research Council and dean of the University of Stellenbosch Medical Faculty for many years, has actively supported his interest in medical education and research by establishing the *Cardiovascular Journal of Africa*, which incorporates the *Cardiovascular Journal of South Africa*. This publication, now listed in Pubmed and SciSearch, which includes Science Citation Index and other relevant databases, has been the platform for personalised workshops for general practitioners in rural and

outlying areas of South Africa.

This pocket guide to heart failure is a new venture and is the first CME publication of the *Cardiovascular Journal of Africa*. It is produced together with relevant stakeholders in South Africa who hope to contribute to education on the clinical care of heart failure on our continent. The *Pocket Guide to Chronic Heart Failure in a Multicultural, Developing Society* will be available on the website of the *Cardiovascular Journal of Africa* and can be downloaded free of charge throughout the region.

**Prof Bongani M Mayosi** is professor and head of the Department of Medicine at the Groote Schuur Hospital and the University of Cape Town. He is also president of the South African Heart Association (2008–2009) and a member of the editorial board of the *Cardiovascular Journal of Africa*.

Bongani Mayosi graduated in medicine from the University of Kwazulu-Natal in 1990, gained the Fellowship of the College of Physicians of South Africa in 1995 and obtained a PhD at the University of Oxford in 2003.



Prof Mayosi is committed to improving cardiovascular care in Africa, particularly for patients with cardiomyopathy, tuberculous pericarditis and

rheumatic heart disease. He has reviewed sections of the *Pocket Guide to Chronic Heart Failure in a Multicultural, Developing Society*.



**Dr Martin Mpe**, private cardiologist at Medi-Clinic Heart Hospital and session cardiologist at Pretoria Academic Hospital and 1 Military Hospital, has a special interest in hypertension and its cardiac consequences leading to heart failure. As a board member of the Heart Failure Society of South Africa and an editorial board member of the *Cardiovascular Journal of Africa*, Dr Mpe is active in ongoing education in the field of cardiovascular medicine. His period of working in the 1990s as a general practitioner in rural areas such as Zebediela and Tzaneen, followed by lecturing

positions in Cardiology at Medunsa support his understanding of the need to teach heart failure management among primary-care practitioners.

In an effort to keep abreast of changes and maintain the high standard of this pocket guide, we invite readers to submit corrections or suggestions for improvement. Please e-mail your contribution to [cvjsa@cvjsa.co.za](mailto:cvjsa@cvjsa.co.za)

**Acknowledgements:** Sherborne Gibbs; Pharma Dynamics;  
Clinics-Cardive